

Meditation 6pm:

Dec 1st

<https://us06web.zoom.us/j/84505851789?pwd=CKnS3O7udoqpGFZGTMvdH7R6pzRq1A.1>

Dec 8th

<https://us06web.zoom.us/j/84167795082?pwd=nhLTNzxiAHbEfA3EYcvM3vKF2BkMJA.1>

Dec 15th

<https://us06web.zoom.us/j/87888530391?pwd=vb8EiaqgIPDrpW4KI6v5hhaLRokzmT.1>

Dec 22nd

<https://us06web.zoom.us/j/87457997420?pwd=Omm64qK4meFRb2Fhe5y6PS7QYvkE0p.1>

Dec 29th

<https://us06web.zoom.us/j/82587219160?pwd=dRFdw2ZU9ekMFTaZ8HxcvacEva4oku.1>

Mindset Coaching Noon:

Dec 10th

<https://us06web.zoom.us/j/86009217822?pwd=e0eYBhY8ClvOCqNXSoFmuidWbWskbZ.1>

Dec 17th

<https://us06web.zoom.us/j/81581545836?pwd=9eofUKQSPo1H38gVcAchNXkixUG05V.1>

Dec 24th

<https://us06web.zoom.us/j/86212442557?pwd=clzY7EXYTUE037rJHIhtRw8mSWSJaj.1>

Dec 31st

<https://us06web.zoom.us/j/88428486204?pwd=w7p2eIM4cgPxraCk8Zkmz8XDIVaVbS.1>

Office Hours 11am to 1pm:

Dec 18th

<https://us06web.zoom.us/j/82611060817?pwd=bcZaVc4SdybeWm9liM4lCeygeqGQC4.1>